

Mail Entry Form and Make Checks Payable to:
(must be received by 11/20/2018)

*Family Voices of Alabama, 1520 Hallwood Lane,
Montgomery, AL 36117*

Event: 5K Run _____

1 Mile Run/Walk _____

*Virtual Runner _____

NAME: _____ BIRTH DATE: ___/___/___ SEX: _____ PHONE: _____

ADDRESS: _____ CITY: _____ STATE: _____ ZIP _____

EMAIL: _____ T-SHIRT SIZE: _____

*Virtual runners can enjoy sleeping in on race day. A T Shirt has been reserved for you! 😊

**I am unable to participate, Please accept my donation of \$ _____ to your event.

Please see reverse side to sign and date the waiver portion of the form.

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter a run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic, and conditions of the road. All such risks being known and appreciated by me, having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release Ryan's Run, Family Voices, Frazer Memorial United Methodist Church and any other sponsors, course workers, City of Montgomery, Montgomery Police Department, and any other persons involved with this race from all claims or liabilities of any kind arising out of my participation in this event. All entries are non refundable.

Signature (Parent's Signature if under 18)

Date

Sponsored by Family Voices of Alabama, a 501(c)(3) organization assisting families of children with special health care needs.

Registration is also available online at: www.runsignup.com