

# CARE NOTEBOOK FOR \_\_\_\_\_

## Tab #1- Family Information

- ♥ Family Information
- ♥ Family Health History
- ♥ Insurance Information
- ♥ Family Support Resources
- ♥ Child's Profile: *Getting to Know Me*

## Tab #2- Emergency Information

## Tab #3- Physician & Provider Contacts

- ♥ Primary Care Physician & Specialty Care Physician Contact Information
- ♥ Provider Contact Information (*may include some or all of the following*)

<i>Recreation Center</i>	<i>Medicaid</i>	<i>Therapists</i>
<i>Dental Care Provider</i>	<i>Transportation</i>	<i>Child Care</i>
<i>Home Health Care Provider</i>	<i>Early Intervention Services</i>	<i>Social services</i>
<i>Insurance Case manager</i>	<i>Clinic coordinator</i>	<i>Respite Care</i>
<i>Durable Medical Equipment Provider</i>		

## Tab #4- Records of Medical Care

- ♥ Doctor's Visit Notes
- ♥ Equipment List
- ♥ Supplies List
- ♥ Surgeries and Procedures Tracking Form
- ♥ Hospital Admissions (for reasons other than surgery)
- ♥ Medication Management Form
- ♥ Diet Tracking Form & Nutrition Notes Tracking Form
- ♥ Growth Tracking Form
- ♥ Tests Results Log (*include records of blood or urine tests, X-rays, etc.*)

## Tab #5- Personal Notes & Planning

- ♥ Appointment & Questions Log
- ♥ Record of Medical Expenses Form
- *Insert here copies of correspondence including appointment letters, insurance referral authorization letters, etc.*