



Preparing for a successful TELEHEALTH VISIT

Before



PROVIDER'S NAME: _____

Note any information you might want to share with the provider.



- Celebrations, concerns, or challenges since your last visit
- Information on changes or observations, or updates about:
 - Medical status, behavior, or symptoms
 - Medications, treatments, labs, imaging, etc.
 - School, therapies, socialization
- Care plans with other providers and specialists

Notes: _____

During



WHO, HOW, AND WHAT TO DISCUSS:

- **Who** will attend? **Who** will be virtual? **Who** will be in person?
 - Child
 - Family members or other caregivers
 - Home health providers
 - Other providers
- **How** would you like the visit to go? **What** should you discuss?
 - Are you comfortable helping with the physical exam?
 - Would you like to demonstrate or share home routine, supports, supplies, and equipment?
 - Do you want your child to share during the visit?
- Did you notice anything during the exam that your provider may not have?



Notes: _____

Wrap Up



BEFORE FINISHING THE VISIT, YOU AND YOUR PROVIDER CAN:

- Discuss the plan. **PAUSE.** ➔ Are you comfortable with and confident about the plan?
- Discuss if any referrals, prescriptions, or orders will be made.
- Discuss who will be responsible for each part of the plan.
- Discuss the next appointment. Will it be telehealth or in-person? Set up a schedule!
 - Do you have a preference?
 - What are the safety concerns and risks of each option?
 - What are the needs of your child and family?
- Are there any needs that were not discussed?



Notes: _____

ADDITIONAL CELEBRATIONS, CONCERNS, OR CHALLENGES? FOLLOWUP NOTES?



This information is provided by Family Voices of Alabama and the Family-to-Family Health Information Center.

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