



INDIVIDUAL & FAMILY SUPPORT PROGRAM CONTACTS

2011

(Individual & Family Support services are managed by local volunteer councils. To identify the local contact person it is helpful to call one of these regional contacts)

REGIONAL CONTACTS:

REGION I

Ms. Diane B. Mills (931) 438-4387
Chair: Ms. Gail Browning (256) 492-4665

REGION II

Ms. Sheila Smalley (205) 486-6639 xt22
Chair: Charlotte Hess (205) 388-6019

REGION IV

Ms. Noreen MacCabe (334) 347-2457
Chair: Ms. Noreen MacCabe

REGION V

Ms. Mollie Bearden (256) 268-9574
Co-Chair: Ms. Mollie Bearden

REGION III

Dr. Gerald G. Oveson (251) 438-1609
Chair: Ms. Lillian W. Wassman (251) 653-9328

LIST OF COUNTIES BY DMH REGION

Region I

Lauderdale, Limestone, Madison, Jackson, Franklin, Lawrence, Morgan, Marshall, DeKalb, Colbert, Cullman, Etowah, Cherokee

Region II

Marion, Winston, Lamar, Fayette, Walker, Pickens, Tuscaloosa, Greene, Hale, Sumter, Marengo, Choctaw, Bibb

Region III

Mobile, Baldwin, Escambia, Conecuh, Monroe, Clarke, Washington, Wilcox, Dallas, Perry

Region IV

Covington, Geneva, Houston, Henry, Dale, Coffee, Butler, Crenshaw, Pike, Barbour, Russell, Bullock, Montgomery, Lowndes, Autauga, Elmore, Macon, Lee, Chambers, Tallapoosa

Region V

Chilton, Coosa, Clay, Randolph, Cleburne, Talladega, Shelby, Jefferson, St. Clair, Calhoun, Blount



INDIVIDUAL & FAMILY SUPPORT

WHERE WE'VE COME FROM

In 1992, a grassroots coalition sprang up across Alabama to examine and redirect the way we provide supports and services to people with developmental disabilities. The FACES (Families and Consumers Establishing Supports) coalition, including people with disabilities, their family members, friends and advocates have embraced a powerful statement of values and goals for the State of Alabama.

- * We believe that children, regardless of disability, need families and enduring relationships with adults in a nurturing home environment. As with all children, children with disabilities need families and family relationships to develop to their fullest potential.
- * We believe that adults with developmental disabilities should be afforded the opportunity to live in homes of their own choosing and in their own communities, where they can exercise their full rights and responsibilities as citizens.
- * We believe that people with disabilities and their families are best able to determine their own needs, and should be empowered to make decisions concerning necessary, desirable and appropriate services.
- * We believe that supports must be provided in ways that build on existing social networks and natural sources of support, that strengthen the capacity and the integrity of the family, and that can accommodate unique needs.

That's what individual and family supports are all about. They are the services, supports and attitudes which enable people with disabilities and their families to participate fully in the everyday activities of urban and small-town life across our state.